

0. JJ] THE BRIHADARANYAKA UPANISHAD.
Ch.IV, Br. 3. 56

" (8) On being born, that person, assuming his body, becomes united with all evils; when he departs and dies, he leaves all evils behind.

" (9) And there are two states for that person, the one here in this world, the other in the other world, and as a third, an intermediate state, the state of sleep. When in that intermediate state, he sees both those states together, the one here in this world, and the other in the other world.

Now whatever his admission to the other world may be, having gained that admission, he sees both the evils and the blessings. And when he falls asleep, then after having taken away with him the material from the whole world, destroying and building it up again, he sleeps (dreams) by his own light. In that state the person is self-illuminated.

" (10) There are no real chariots in that state, no horses, no roads, but he himself sends forth (creates) chariots, horses and roads. There are no blessings there, no happiness, no joys, but he himself sends forth (creates) blessings, happiness, and joys. There are no tanks there, no lakes, no rivers, but he himself sends forth (creates) tanks, lakes, and rivers. (He indeed is the matter).

" (11) On this there are these verses: After

having
subdued by sleep all that belongs to the
body, he not asleep
himself, looks down upon the sleeping
(senses). Having
assumed light, he goes again to his place,
the golden person,
the lonely bird.

" (12) Guarding with the breath (prana,
life) the lower
nest, the immortal moves away from the
nest, that immortal
one goes wherever he likes, the golden
person, the lonely bird.

" (13) Going up and down in his dream, the
god makes
manifold shapes for himself, either
rejoicing together with
women, or laughing (with his friends, or
seeing terrible sights).

" (14) People may see his playground, but
himself no
one ever sees. Therefore they say, " Let no
one wake a man
suddenly, for it is not easy to remedy, if he
does not get back